



Triangle Sons & Daughters of Italy

Serving the North Carolina Triangle since 2004

LODGE 2817

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IL GIORNALE DI TSDOI

Febbraio, 2022



Follow us on
Facebook at "Triangle Sons & Daughters of Italy"



And on our new YouTube Channel

https://www.youtube.com/channel/UCyXc7MwrG_VCbo41MFL8AvA

Please note that we take photos and videos at all events. If you do not want your image to appear on either Facebook or YouTube, you must tell the photographer at that time.

IL GIORNALE DI TSDOI

Editor: Nick Verna

Send comments or suggested materials to
nickverna14@gmail.com.

TSDOI Calendar of Events

Feb 20 _____ Movie Night
Mar 13 _____ Helen Wright Women's Shelter
Mar 23 _____ Member Night
April 4-5 _____ Charity Days at Mamma Mia's
April 12 _____ Celebrity Inn and Goat Farm for Lunch
May 14 _____ Bocce Tournament
May 28 _____ Durham Bulls & Fireworks
June 5 _____ Family Picnic
July 7 _____ Italian Jeopardy Night
July 10 _____ Helen Wright Women's Shelter
Aug ? _____ Limoncello Making Night
Sept 3 _____ Fundraising Breakfast O'Charley's
Sept 11 _____ Helen Wright Women's Shelter
Sept 24 _____ Festa Italiana
Sep-Oct _____ Author Night
Oct 16 _____ Potluck / Italian Heritage
Nov 6 _____ Helen Wright Women's Shelter

February Birthdays

This month we celebrate the birthdays of those members celebrating in February: Lou

Fabrizio (3), R. Jay Dewey (8), Anthony DiSantostefano (9), Mike D'Amore (13), Sherry Hicks (14), Robert Sepe (14), Cristina Ziller (15), Frank Licari (19), Suzy Fanucci Schmidt (21), David Zoffer (23), Carole Meshot (25)



Please let Bernard Castellano bcas1947@aol.com know if your address, phone number or email address changes or is different from the roster posted on the website.

Hold the Date

Wednesday, March 23, 2022

6:00 pm at Cary American Legion Hall

“MEMBER NIGHT”

An Evening of Fun to Celebrate All TSDOI Lodge Members

Planned by a Committee of Brand New TSDOI Members for the Entire Lodge

Free event..... More Details to Be Announced

Charity Days at Mamma Mia's

April 4 - 5

Charity Days at Mamma Mia's in Apex

10% of sales both days back to TSDOI for our Charities
- take out or eat in...details to be announced.

Letter from the President

Dear Lodge Members:

I am pleased to report that our year is off to a strong start. Last week I was briefing our Executive Council on upcoming events, and we already have about 15 activities slotted for 2022 which provide social, cultural, and charitable opportunities. Please visit the Events tab on our website and begin to sign up for the initial activities that are currently open for registration.

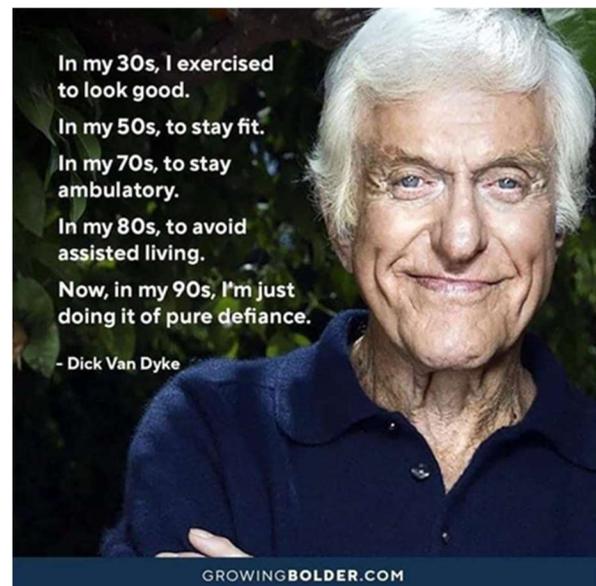


Several of our planned activities are being pursued at the suggestion of members. If you have an idea for an event or charitable cause, please reach out to me. We can explore the feasibility of the activity. Also, if you have an idea for an activity, either I or another Executive Council Member would be pleased to get you engaged to support the event. When you assist with planning an event, it gives you the opportunity to get to meet other members. One of the advantages of our Lodge is that our members represent several generations, and we can learn from one another.

Speaking of generations, I recently saw this posting on “exercise” that Dick Van Dyke had created. Since all of us are trying to stay healthy, I hope that you are considering how exercise or simply movement can help keep you healthy to enjoy our TSDOI activities!

I look forward to seeing you “on the move” at one of our upcoming events!

Don Cimorelli
TSDOI 2817 President





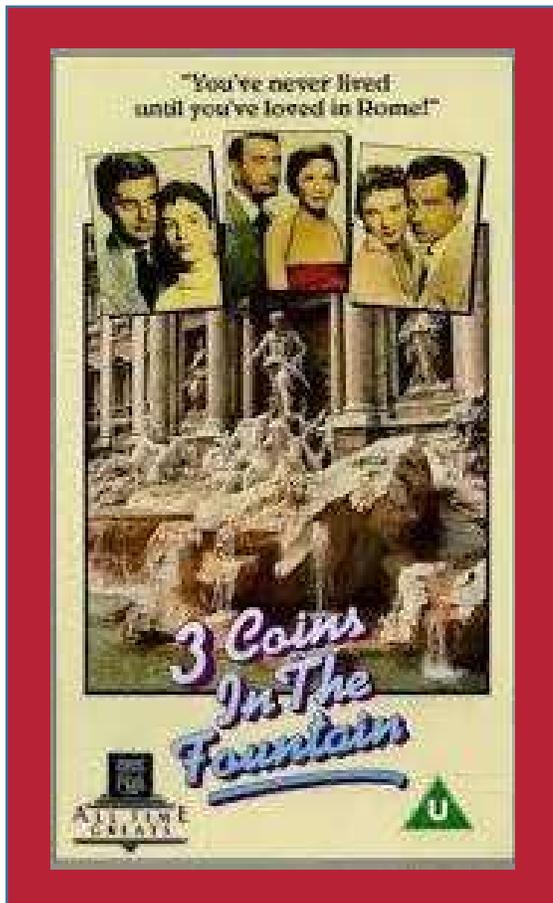
TRIANGLE SONS AND DAUGHTERS OF
ITALY LODGE 2817

presents

14th Annual Italian Movie Night

“Three Coins in the Fountain”

Sunday, February 20, 2022



When: 4:00 pm sign-in

4:30 movie/6:00 pm dinner

Where: Carey C. Jones Community Center

309 Holleman Street, Apex, NC

Cost: \$10 per member/\$14 per guest

\$5 per child (under 12 years old)

MOVIE SYNOPSIS: Three hopeful American secretaries visiting Italy fling their coins into Rome's Trevi Fountain, each making a wish. Soon Maria is pursued by a dashing prince, Anita finds herself involved with a forbidden coworker and Frances receives a surprising proposal from her boss. All three women vow to one day return to Rome. 1954. One hour and 42 minutes.

Don't wait! Movie Night sells out quickly!

Purchase Tickets at:

www.trianglesonsofitaly.org



\$10/\$14 ADMISSION INCLUDES:

popcorn, pizza, salad, desserts, coffee (beverages available for purchase)

50/50 raffle, door prize drawings, & cookbooks for sale!

2022 Scholarship Applications

This year, our Lodge will award up to **two (2)** students with a \$750.00 scholarship to be disbursed for the 2022/2023 school year. Scholarship winner(s) will be announced by May 15, 2022 and recognized at the TSDOI #2817 annual picnic in June. Additional details to be given to winners.

Students are eligible to compete for the scholarship if they are a direct descendant of a TSDOI #2817 member (as of 1/1/22) in good standing, regardless of residence. Applicant will be actively enrolled in post-secondary education in the fall of 2022. All scholarship decisions will be at the sole discretion of the Scholarship Committee.

Applications will be screened by the TSDOI #2817 Scholarship Committee and will be based on educational quality, the essay, commitment to community and/or philanthropic endeavors, and appreciation of Italian heritage. The essay topic must be a typewritten original essay of 500-750 words about a personal experience that demonstrated or generated pride in your Italian heritage.

Requirements for Complete Applications:

- **Official Application Form:** Complete all information in the application form and submit with the other required items.
- **Resume:** Please include academic and professional endeavors, community service participation, hobbies, special interests, employment, etc.
- Most recently available **transcript**.
- **Essay** in legible typed font.

Deadline for Complete Applications: May 1, 2022

Email scanned completed applications to: Dr. Caroline Connor at ceconnor1@gmail.com

Click here for the 2022 TSDOI

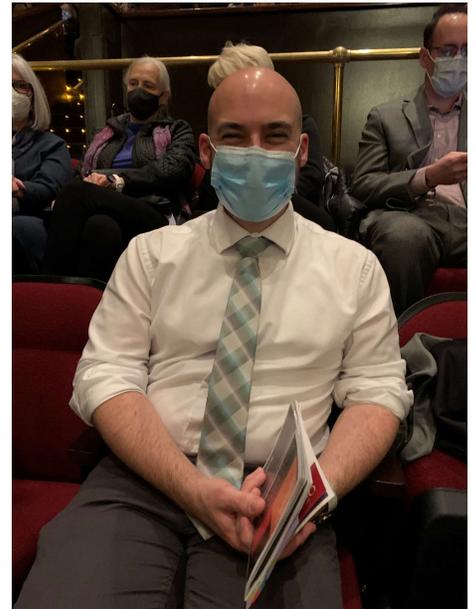
Scholarship [Application Form](#)

Good & Welfare

Marie Scalco was in rehab at Glenaire recovering from an episode of weakness, and low blood pressure. Due to the weakness, she had to learn to walk again. She is home and recovering well. Please keep her in your prayers.



La Boheme



FOOD & CULTURE

Interessante | Web Sites | Food | Culture | Places | Stories

Food & Culture highlights our Italian culture. If you have suggestions, please email Nick Verna at nickverna14@gmail.com and we can put it in a future newsletter.

Diving into the New Year



Moritzio Palmurri of Italy dives into the Tiber River from the 59 ft high Cavour Bridge to celebrate the New Year in Rome.

The Market Compared to Italian Food

Cetera Investment Management has made an interesting comparison of Italian food and the market outlook for 2022. "[Finding the Right Ingredients for the Next Course.](#)" discusses the economic recovery and how the Fed will likely play a larger role in determining its future prospects as the Fed becomes less accommodating. They pay tribute to the restaurant industry which was hit hard by this pandemic and make fun parallels between investing and Italian cuisine.

February

www.lacucinaitaliana.com



February gets its name from the Latin februum, meaning purification. February also signals for many the season of Lent, forty days of self-denial in order to purify ourselves. On the day before Lent begins, Italians celebrate Carnevale, or Martedì Grasso (Fat Tuesday) with lavish parades and costumes. That is the day to party, and if you have ever been in New Orleans for Mardi Gras, you know what I mean.

Nowhere is artistic flair more in evidence during Carnevale than in Venice, where elaborate costumes and gorgeous masks, true works of art that can take your breath away.



THE ORIGINS OF VENICE'S CARNEVALE

<https://italiantribune.com/the-origins-of-venices-carnevale/>

Every year during the weeks leading up to Lent, Venice is transformed into party central for Carnevale, as entertainment, costumes, music, food and fun take over the lagoon city. Considered among the most important events in the Veneto region, Carnevale has found in Venice the perfect location to fully express its spirit dedicated to merriment.



Venice, like many other Italian cities, finds its Carnevale roots in the Saturnalia festival of ancient Rome, when the social order was overturned, and slaves and free citizens poured into the city to celebrate with music and wild dancing. Venice has reinterpreted this ancient Roman festival to meet the needs of the Venetian Republic, which promoted the Carnevale to give to the people, especially the lower classes, a time for fun. Masks guaranteed total anonymity, thus leveling out the social divisions that allowed citizens to sometimes make a public mockery of authority and the aristocracy. These generous licenses represented an outlet for tensions that were created in society because of the strict limits imposed by morality and the public order of the Republic of Venice.

The word Carnevale is traced to a document of the Doge Vitale Falier of 1094, where it was used for the first time describing public amusements. Yet Carnevale did not become an official holiday until 1296, when a decree of the senate declared a public holiday the day before the beginning of Lent. Characters associated with the celebration included jugglers, acrobats, musicians and dancers, who organized performances and exhibitions that gained so much attention that Venetian business and production activities became less important.

For many centuries, Venice's Carnevale lasted about six weeks – from December 26 to Ash Wednesday, bringing joy and fun to the main areas of the city such as the Riva degli Schiavoni and St. Mark's Square. Sometimes the celebration, between parties, pranks and shows, began during the first days of October. As well as large outdoor

parties, small performances and shows of various kinds were organized in private homes, theaters, and cafes, which always transgressed into wild parties. In elegant palazzos, lavish masquerade balls marked the beginning of a long and fascinating tradition of masked parties in Venice.

Well-known and renowned throughout Europe, the Venetian Carnevale reached its peak in the early 18th century. Visited each year by thousands of revelers, the prestigious festival gained international acclaim. The exciting atmosphere, the comedy, masks, spectacular shows and the public gambling houses made Venice the "Magnet of Europe."

Soon, however, the original meaning of the festival, a chance to vent discontentment, caused the opposite effect. The ability to completely hide one's identity in traditional Carnevale costumes and masks allowed the perfect opportunity for theft and harassment. These serious excesses forced the Venetian Republic to issue a series of decrees to limit abuses and fraudulent uses of masks and costumes, measures that gradually went to undermine the very essence of the Carnevale.

With the fall of the Venetian Republic, a permanent ban of Carnevale costumes arrived, with the exception of private parties held in palaces. A long period of decline ensued which led to the gradual shutdown of all parties connected to the celebration. The last Carnival in Venice was held in 1797.



The fall of the Republic at the hands of Napoleon marked the end of the long independence of Venice and the abolition of the many traditions of the Carnevale for about two centuries. Only in 1967 were the first parties reorganized with parades of masks and costumes, bringing these time-honored traditions back to life. In 1979, a program to engage the residents of Venice in the festivities was drafted for the first time to return the Carnevale to its origins. The new formula has become a success story that has lasted for over 40 years.

Castagnole

<https://anitalianinmykitchen.com/castagnole/#recipe>

Castagnole is a traditional Carnival dish. It is a delicious, sweet treat, soft on the inside and crunchy on the outside. The main ingredients of castagnole are eggs, sugar, flour and butter. The ingredients are shaped in little balls, served with icing sugar; some Italians like to fill them with chocolate or custard cream. So good you can't stop at just one!



Ingredients

Castagnole Dough

- 1 ½ cups flour (200 grams)
- 1 teaspoon baking powder
- 1 pinch of salt
- ¼ cup sugar (55 grams)
- 2 eggs
- Zest of one orange
- ½ teaspoon vanilla
- 3 tablespoons butter (softened) (42 grams)
- 1 teaspoon Gran Marnier or Orange Juice

Extras

- vegetable oil for frying
- granulated sugar for rolling

Instructions

In a large bowl whisk together the flour, baking powder and salt. Make a well in the middle and add the sugar, eggs, zest, vanilla, softened butter, salt, and liqueur (or Orange Juice).

Mix together with a fork until almost combined then move to a lightly floured flat surface and knead into a smooth soft dough. Wrap in plastic and let rest 30 minutes at room temperature.

Cut a piece of dough at a time and roll the dough to form a 1 inch (2 cm) thick rope. Cut the rope in pieces the size of walnuts and roll between your hands to form balls.

Meanwhile, start heating the oil (in a large fryer or deep pot halfway full), make sure the temperature remains between 335 - 345F (170-175C), (too high and they cook on the outside but not in the middle / too low and they remain soggy). Once oil is at the correct temperature, fry a few Castagnole at a time, until they are golden brown and nicely puffed. Approximately 2-3 minutes but turn often so they brown on all sides. Drain on paper towels, when cool enough to touch, but still quite warm, roll in granulated or turbinado sugar. Serve immediately. Enjoy.

Lasagne di Carnevale



Of course, Carnevale would not be complete without food. As Ash Wednesday approached, people were obliged to fast. In the south of Italy and especially around Naples, the end of Carnival on Fat Tuesday, is celebrated by eating Lasagne di Carnevale or Lasagne alla Napoletana. Families traditionally gather for a large meal that includes meats, sausages, cheeses and desserts that are avoided during Lent. The lasagna is made with little meatballs (polpettine), sausage, and various cheeses. Some recipes also include other types of meat and/or hard-boiled eggs.

[Lasagna di Carnevale Recipe >>](#)